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A Learning Ladder for Life

9th October 2020

Dear Parents/Carers,

As a part of your child's educational experience at South Borough Primary School, we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social and Health education (PSHE) that provides our pupils with the knowledge, understanding and attitudes to live healthy, safe and fulfilled lives, both now and in the future.

You may be aware that, as from September 2020, the Department for Education made the teaching of Relationships and Health Education (RSE) compulsory in all primary schools in England. Relationships and sex education means learning about the emotional, social and physical aspects of growing up, relationships, sex and human sexuality.

Safeguarding our pupils is of paramount importance to us at South Borough and we believe it is important that children are provided with age-appropriate information to assist them in making sensible choices and developing respect for themselves and others as they progress through the school and later life.

What does the new guidance mean?

The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up, will give young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own wellbeing.

All of the sessions will be age-appropriate and meet the needs of all pupils in the class.

How will this be delivered?

South Borough will use a scheme of work called 'Jigsaw' which is a comprehensive programme of PSHE (including RSE) which provides accurate information about the body, puberty and reproduction. It also gives children essential skills for building positive, respectful and non-exploitative relationships and staying safe both on and offline.

What if I have any questions?

The attached booklet is designed to provide parents with an understanding of what your child will be learning and also answers questions on exactly what content children of different age ranges will be taught. Further information about 'Jigsaw' can be found here: <http://www.southboroughprimary.org.uk/index.php?p=1017>

If you have any further questions, please do feel free to contact us via the main office.

Yours sincerely,

Mr M Currie
Head of School

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