

KINGSWOOD - KIT LIST

- Waterproof jacket
- 'Joggers' or trousers
- Shorts
- Tops and T shirts (preferably old)
- Warm jumper
- Socks and underwear (1 extra pair)
- One towel
- Wash bag – flannel, soap, tooth brush etc
- Slippers
- Change of clothes
- Trainers
- Wellington boots
- Sun hat and cream
- Sturdy water bottle
- Pyjamas
- Empty plastic bag for dirty washing