



Headteacher: Mr M Currie
Deputy Headteacher: Mr L Clarke
Telephone: 01622 752161
E-mail: sbps_office@swale.at

Website: www.southboroughprimary.org.uk
Twitter: @sbpsmaidstone
Facebook: sbpsmaidstone

A Learning Ladder for Life

May 2024

Relationships and Sex Education (RSE) - Year 5

Dear Parents/carers,

During Term 6, we will be teaching children about health and sex education as part of our PSHE programme of study - *Relationships and Sex Education (RSE)*. The following table shows what your child will be learning about next term as part of their PSHE lessons.

	Content Covered
Lesson 1	Self and Body Image : I am aware of my own self-image and how my body image fits into that.
Lesson 2	Puberty for Girls : I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally.
Lesson 3	Puberty for Boys : I can describe how boys' and girls' bodies change during puberty.
Lesson 4	Conception : I understand that sexual intercourse can lead to conception and that is how babies are usually made. I also understand that sometimes people need IVF to help them have a baby.
Lesson 5	Looking Ahead 1 : I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities (age of consent).
Lesson 6	Looking Ahead 2 : I can identify what I am looking forward to when I move to a new class.

	Sex Education: Right to Withdraw
--	----------------------------------

Parents have the right to withdraw their child/ren from lessons highlighted in yellow. All other lessons are compulsory. All teaching materials are appropriate to the pupil's age and emotional maturity and your child/ren's teachers will present the information in an objective, balanced and sensitive manner.

If you decide to take your child out of the highlighted lesson/s, please arrange a time with your child's class teacher regarding opting out of RSE lesson/s.

Yours sincerely

Miss H Ballard
Assistant Headteacher

Stagshaw Close, Postley Road, Maidstone, Kent, ME15 6TL