



Headteacher: Mr M Currie
Deputy Headteacher: Mr L Clarke
Telephone: 01622 752161
E-mail: sbps_office@swale.at

Website: www.southboroughprimary.org.uk
Twitter: @sbpsmaidstone
Facebook: sbpsmaidstone

A Learning Ladder for Life

May 2024

Relationships and Sex Education (RSE) - Year 4

Dear Parents/carers,

During Term 6, we will be teaching children about health and sex education as part of our PSHE programme of study - *Relationships and Sex Education (RSE)*. The following table shows what your child will be learning about next term as part of their PSHE lessons.

	Content Covered
Lesson 1	Unique Me: I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm.
Lesson 2	Having a Baby: I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby.
Lesson 3	Girls and Puberty: I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this.
Lesson 4	Circle of Changes: I know how the circle of change works and can apply it to changes I want to make in my life.
Lesson 5	Accepting Change: I can identify changes that have been and may continue to be outside of my control that I learnt to accept.
Lesson 6	Looking Ahead: I can identify what I am looking forward to when I move to a new class.

	Sex Education: Right to Withdraw
--	----------------------------------

Parents have the right to withdraw their child/ren from lessons highlighted in yellow. All other lessons are compulsory. All teaching materials are appropriate to the pupil's age and emotional maturity and your child/ren's teachers will present the information in an objective, balanced and sensitive manner.

If you decide to take your child out of the highlighted lesson/s, please arrange a time with your child's class teacher regarding opting out of RSE lesson/s.

Yours sincerely

Miss H Ballard
Assistant Headteacher

Stagshaw Close, Postley Road, Maidstone, Kent, ME15 6TL